

STANWIX PARISH NEWS AND VIEWS

ST MICHAEL'S STANWIX AND ST MARK'S BELAH

RACHEL WRITES:

Back in January, I made the resolution to try and become more sustainable and one way is to make my own fresh food. I was reading an article about bread in one of the National Trust magazines and discovered that there was a recipe included. I knew straight away that I needed to try it for myself.

I approached the challenge with some trepidation as I'd never baked a loaf of bread before. I shouldn't have worried one bit; the instructions were clear and simple and I had a wonderful time making my

very first loaf. The smell as I pulled the bread from the oven was amazing, and my hard work was met with universal approval from my housemates. I was so pleased with the results that I sent a picture of my bread in to the National Trust – and it got printed in their most recent magazine!

Since then, I've tried out some other fresh food recipes from a variety of sources, including scones and brownies. It's been a really enjoyable – and tasty – challenge taking this step towards sustainability.

Church Finances appeal:

Many thanks to everyone who responded to the recent appeal regarding the church finances. Your contributions are gratefully received and all make a difference. We are not yet able to give you an update of the financial situation but will keep you informed.

CHURCH FAMILY NEWS

We celebrate with

Ann Cowen who marked a 'significant' birthday this week!

We were saddened

to hear the news of the death of Joan Uren who died recently. Joan was a longstanding member of St Michael's, and although she hasn't been able to be a part of the church

community in recent years she will be missed. Please pray for Lisa and the family.

Please also pray

for Elaine following the death this week of Ted, her father.

ONLINE CHURCH WORSHIP

We are pleased to be able to offer Sunday Worship Online each week. If you want to join in with the worship, search for YouTube in your web browser, then in You Tube search for '**Stanwix Parish News and Views**'.

After the Sunday service at about 10.15am, we have a virtual coffee time using the Zoom software. If you would like to join in with this, please email stanwixparish@gmail.com and the link will be set to you along with instructions of how to connect.

We also post information and other bits and pieces on the Facebook page of the parish. This can be found by searching for '**St. Michael's Church, Stanwix, Carlisle**' on Facebook.

Would you be interested in joining in with a short act of Daily Prayer on weekday mornings? This would be for about 15 minutes from 9.15-9.30am. Please email Nigel at stanwixparish@gmail.com if you are interested.

There is no date yet set for when we can return to our church buildings. We are making plans for the procedures we will need to follow when we are allowed back in our buildings for worship.

CARLISLE FOODBANK

Donations to the Foodbank are not only welcome, but are becoming more of a necessity. You can donate at Tesco, Asda, Sainsbury's and Morrison's who are all allowing their bins to be used for donations even if the items were not bought from their store.

And you can donate at, The Local, 108 English Street, between 11am and 4pm, Monday to Friday.

Do not visit the Food Bank itself, as it is closed to the public during the lockdown.

Tinned food, UHT milk, packets of soup, cereals, pasta, sugar, biscuits, custard, tinned fruit, nappies, wet wipes, toilet rolls, etc are all welcome.

You can also make a financial donation to the food bank and offer your services as a volunteer. Details on their website: carlislefoodbank.org.uk

THE TREASURE HUNT

People have enjoyed the Treasure Hunt created by Elaine which is based in and around St Michael's Church. Sunday Club members, Izzy and Jake both thought it was good with the best bits being the walk through the woods and discovering new things about the history of the church in the churchyard.

If you want to have a go at the Treasure Hunt you can download it from our Facebook page. This can be found by searching for '**St. Michael's Church, Stanwix, Carlisle**' on Facebook.

Or email stanwixparish@gmail.com

PRAYER SUPPORT

At this time of isolation and social restrictions, there is always the support available of people praying for you in confidence.

If you would like someone to pray with you or for any issue you face, please either send your prayer request to stanwixparish@gmail.com or ring 01228 514600.